



QUBO

ISTRUZIONI PER L'USO DEL TELAIO
FRAME ASSEMBLY INSTRUCTIONS
BEDIENUNGSANLEITUNG FUER DEN RAHMEN
NOTICE D'UTILISATION DU CADRE
INSTRUCCIONES PARA EL USO DEL CUADRO
GEBRUIKSAANWIJZING VOOR FRAME

IT
EN
DE
FR
ES
NL

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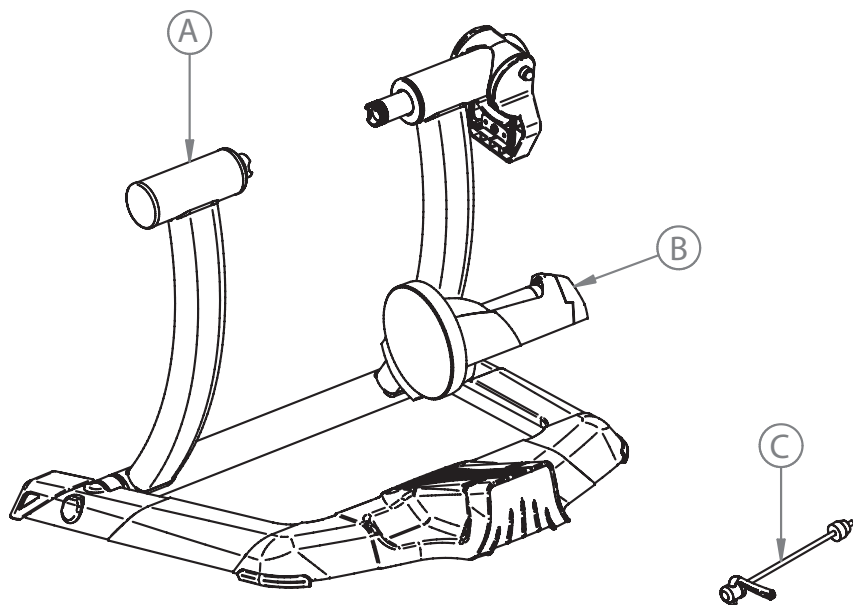
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Thank you for choosing the Qubo



INTRODUCTION

Check the presence of all the following components:

- N°1 Qubo frame (Ref. A)
- N°1 Unit (Ref. B)
- N°1 Quick release (Ref. C)
- N°2 M6 Unit screws (D)
- N°10 Levelling (equalizing) feet (E)



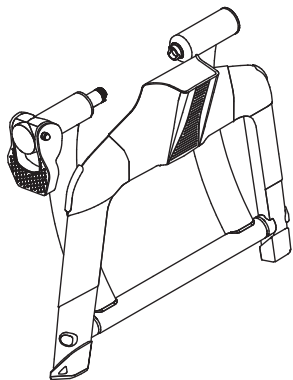
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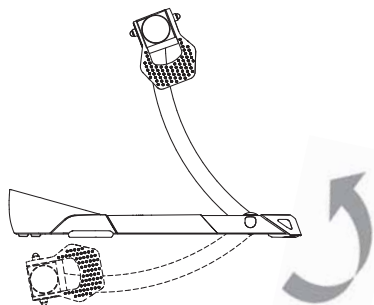
Resistance unit depicted here may vary from production models

UNIT ASSEMBLY

- Unfold the frame (A) from its packaged position (Fig. 1) and place it on a flat surface (Fig. 2)

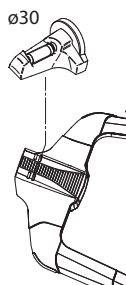


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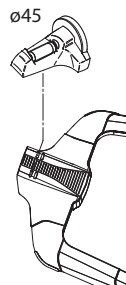


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- There are 2 pairs of holes on its base to be used with different roller diameter options:
1) Use the front pair of holes for a 30mm diameter roller unit (Fig. 3);
2) Use the rear pair of holes for a 45mm diameter roller unit (Fig. 4);

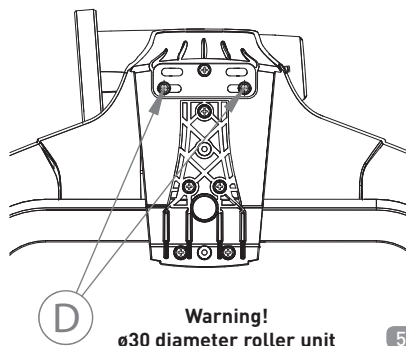


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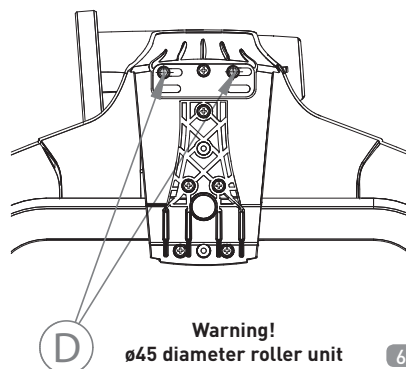


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- Tighten the M6 screws (D) (Fig. 5 and Fig. 6) completely, utilizing the correct holes for the different roller diameter options.



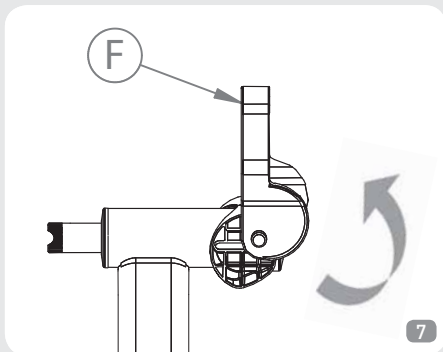
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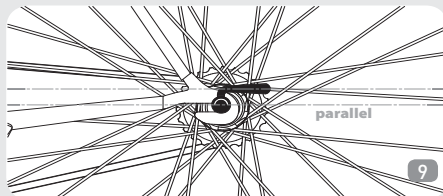
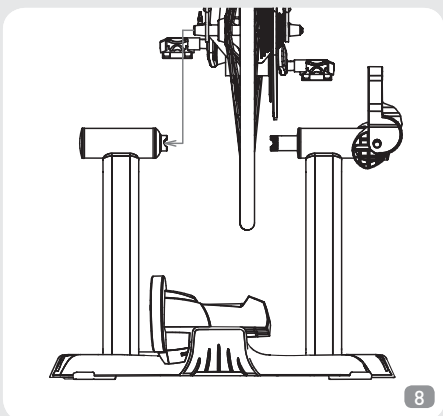
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FITTING THE BICYCLE

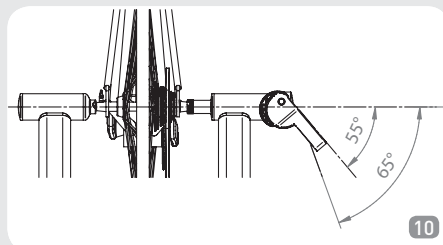
- Make sure the quick release of the bicycle rear wheel is properly fixed.
- Turn the lever (F) to the "open" position (Fig. 7).



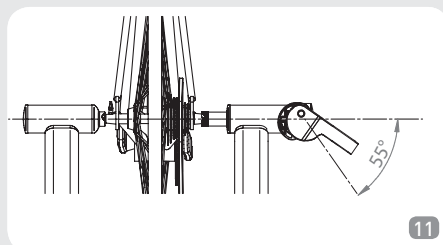
- Put the bicycle in position, inserting the left end of the rear quick release in the left bushing (Fig. 8). For safer clamping of the bicycle on the stand, make sure the lever of the quick release is horizontal (Fig. 9).

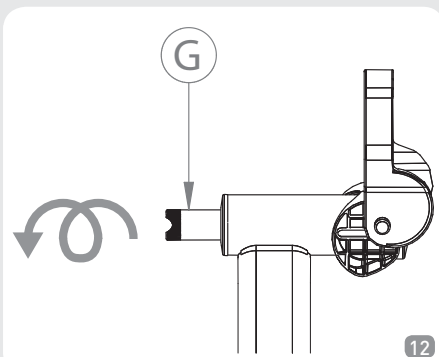


- Close the lever (F), making sure it starts pressing the quick release inside the predefined work area; between 55° and 65° (Fig. 10).

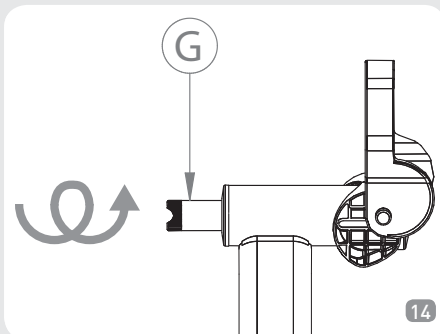
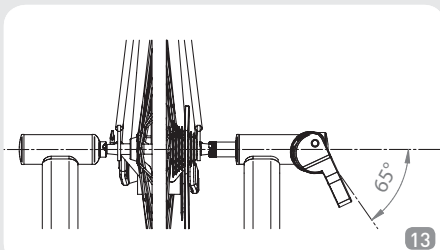


- If the lever (F) starts pressing the quick release in the advanced work position (Fig. 11), screw the left bushing pin (g) (Fig. 12) so that the lever (F) starts working inside the predefined work area (between 55° and 65°) (Fig. 10).



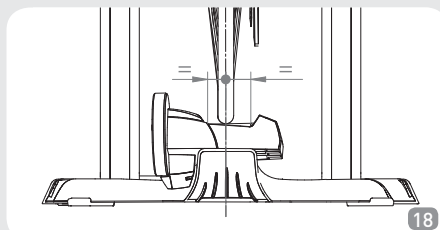
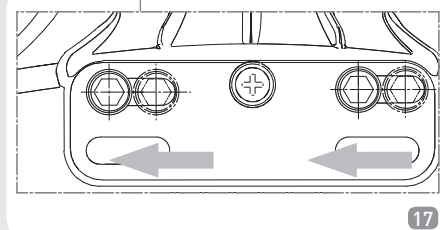
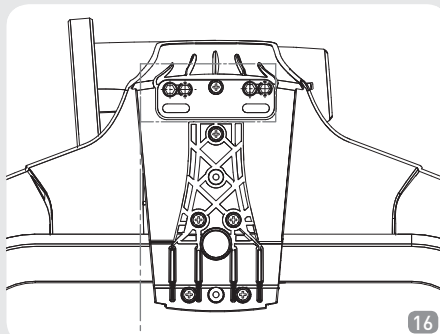
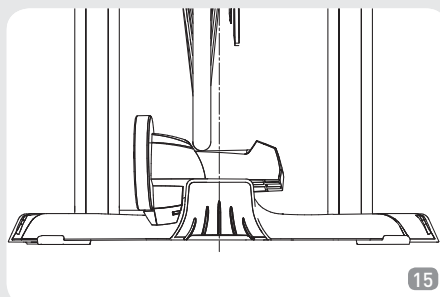


- If the lever (F) starts pressing the quick release in the delayed work position (Fig. 13), unscrew the left bushing pin (G) (Fig. 14) so that the lever starts working inside the predefined work area (between 55° and 65°). (Fig. 10).

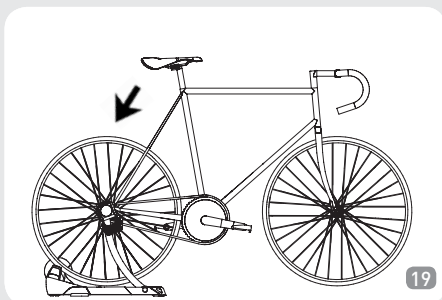


- If the bicycle wheel sets up too far from the centre of the roller (Fig. 15), loosen the resistance unit (B) attachment bolts (D), slide the resistance

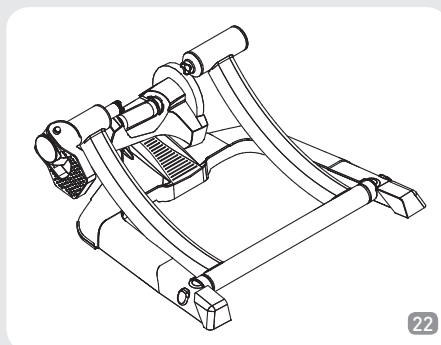
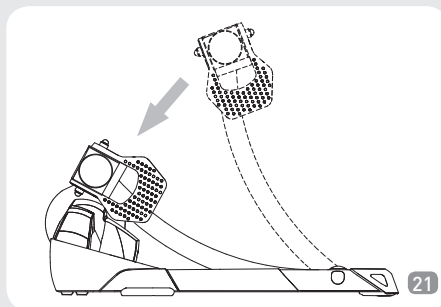
unit left or right as necessary, and re-tighten the bolts (Fig.16, Fig.17 and Fig.18).



- Push the bicycle towards the resistance unit until the rear wheel touches the roller (Fig. 19).

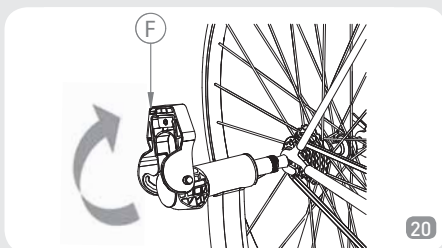


- Verify the stability of the bike by pushing and pulling the horizontal tube of the frame and the saddle. Should the bike still not appear stable, make sure its quick release and lever are correctly positioned, that the lever (F) is in a "closed" position and the adjusting of the clamping system has been carried out correctly.



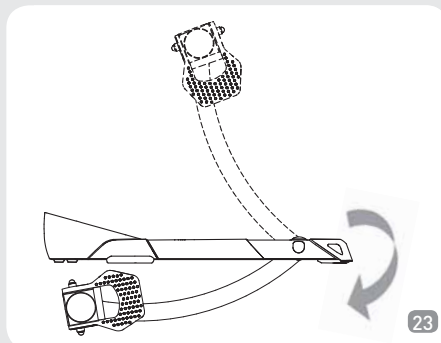
BIKE REMOVAL

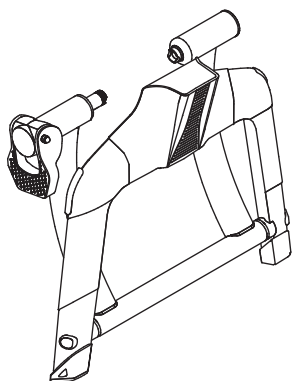
- Hold the bicycle with one hand and with the other open the lever (F), turning it to the "open" position (Fig. 20). Remove the bicycle.



- For carrying, or storage, it is advisable to close the stand. (Fig.21 e Fig.22).

- In order to further reduce the storage footprint remove the unit (B) from the frame (A) and place it back in its original packaging and fold the frame as indicated in Fig. 23 and Fig. 24.

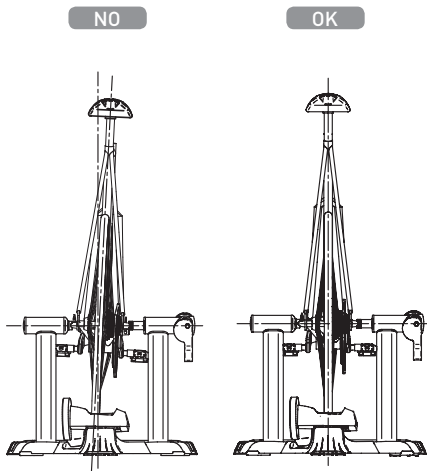




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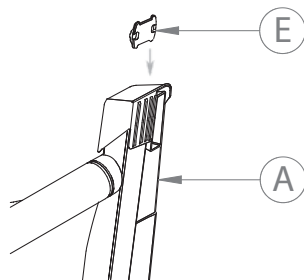
LEVELLING FEET ASSEMBLY

• The Cube frame (A) comes equipped with levelling feet (E) to compensate for uneven surfaces that do not allow the four feet to make complete contact, and to allow the bike to be perfectly vertical (Fig. 25).

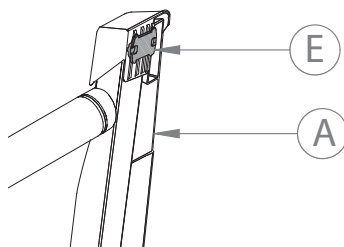


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• The levelling foot (E) can be mounted under the front feet (Fig. 26 and Fig. 27).

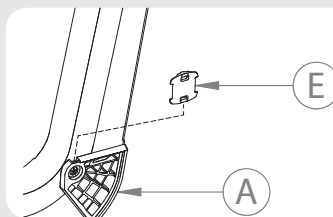


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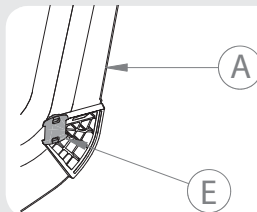


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• The levelling foot (E) can be mounted under the rear feet (Fig. 28 and Fig. 29).



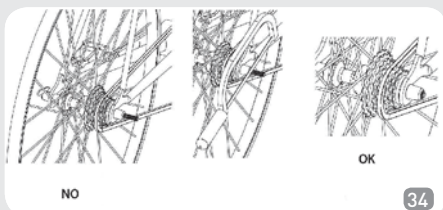
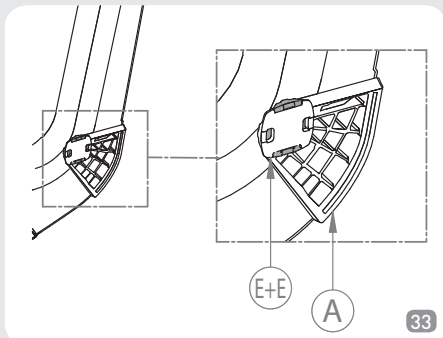
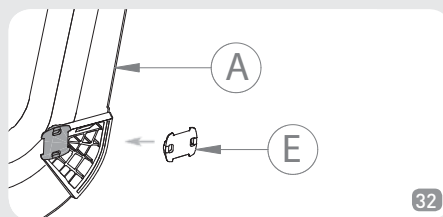
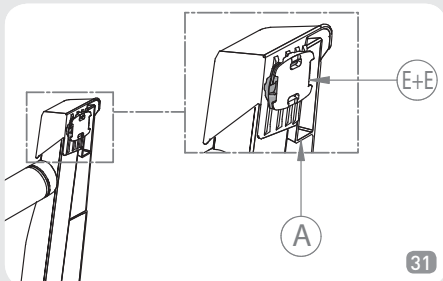
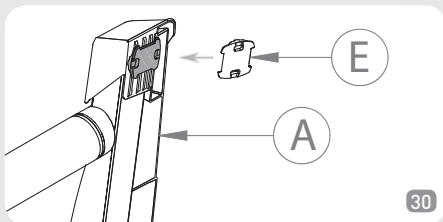
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• If a single levelling foot (E) isn't sufficient, it is possible to add additional feet to those already mounted. (Fig. 30, Fig. 31, Fig. 32 and Fig. 33).

Warning: the direction of the foot (E) is turned 90° in relation to the first one positioned.



ATTENTION

- Keep people, children and animals away from the roller during use, since the moving and rotating parts of the roller and the bicycle can cause damage in case of contact.
- Before starting training, position the trainer in a dry place, away from potentially hazardous objects (furniture, tables, chairs, etc.) in order to avoid any risk of inadvertent or accidental contact with them.
- The stand is designed for use by just one cyclist.
- Check the safety and stability of the bicycle before every training session.
- If the quick release is not compatible with the bushings of the stand, replace it with the one supplied [C].
- There are no individually usable components on the inside.
- Since the feet are made from soft non-slip material, during use they may leave rubber marks on the floor.

ADVICE ON USE

- For less tyre wear and better grip on the roller, it is advisable to use tyres of 23 mm width.
- Recommended rear wheel pressure: 7 - 8 atmospheres for racing tyres; 3.5 - 4 atmospheres for MTB tyres. For particular cases, comply with the pressure recommended by the tyre manufacturer.
- For quieter use, better grip of the tyre on the roller and reduced vibration, use slick tyres (also for Mountain bikes).
- Before use, clean the tyre with alcohol or water.
- If the pin of the quick release supplied protrudes more than 3 mm from the fixing nut, cut off the protruding part [Fig. 34].

NOTES

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NOTES

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